



Search Health 3,000+ Topics



ESSAY

A 'Gift of Life' With Money Attached

By SALLY SATEL, M.D.
Published: December 21, 2009

"For the right price, yes, I would give up one of my organs to save someone's life," read the e-mail message, one of three dozen I received last month. "I live from paycheck to paycheck."

Enlarge This Image



Joseph Daniel Fiedler

What prompted this modest onslaught of correspondence was a tongue-in-cheek article by Mark Cohen in his "White Collar Reset" column for [America Online](#).

Mr. Cohen, who describes himself as "a jobless 47-year-old suburban New Jersey magazine editor with two mortgages," has been writing a series of columns exploring "previously taboo plans for recapitalizing our household." In one such column, he mused about dispensing medical [marijuana](#) (if New Jersey ever legalizes it, of course). And last month, he turned his attention to vital organs.

"I'm considering selling one of my kidneys," he wrote.

Because I've become fairly well known as an advocate of incentives for organ donation, Mr. Cohen called me to discuss the pros and cons of his plan. As someone who has become deeply concerned about the organ shortage after receiving a kidney a few years ago, I told him I thought he would be a perfect candidate for such a transaction: educated, a savvy consumer, someone who, with proper informed consent, would know what he was signing up for. The only catch is that getting anything of value in exchange for an organ is illegal.

I told Mr. Cohen I thought that if compensated donation were allowed, it would come to resemble surrogate motherhood. In some states, mothers who agree to carry a baby for an infertile couple are legally compensated for their time and for the risk they assume.

And while surrogate mothers surely welcome such payments, they are hardly the only factor in the decision; many say they are motivated by a strong desire to help another woman fulfill her maternal dream. At first, organ compensation, like surrogacy, would

SIGN IN TO E-MAIL

PRINT

REPRINTS

SHARE



Well

Tara Parker-Pope on Health



After the Holidays, More Disability Claims

December 22, 2009, 10:43 AM

Are You Confident in Generic Drugs?

December 18, 2009

Fungus or Feast? Make Room for Mushrooms

December 18, 2009

Keeping Patients Safe

December 17, 2009

Gadgets to Track Your Moves

December 17, 2009

Personal Tech E-Mail



Sign up for David Pogue's exclusive column, sent every Thursday.

[See Sample](#) | [Privacy Policy](#)

SPEND \$100 AND GET A \$25 SHOPCARD
DECEMBER 21-24

BANANA REPUBLIC

\$25 shopcard valid in-store only 1/6/10-1/31/10. Limit 3 shopcards per customer. Click here for details.

Health & Fitness Tools



BMI Calculator
What's your score? »

MOST POPULAR - HEALTH

seem odd, but then it would become more generally accepted.

“The more Satel talked,” Mr. Cohen wrote, “the less selling my kidney seemed like some bizarre, macabre act of depravity, and the more I wondered why the hell I hadn’t thought of it before.”

Dozens of readers must have wondered the same thing. The first to write me was a mother of four named Jessica from Washington State. Several months ago, her youngest child was born prematurely and suffered major complications. “The reason I am telling the story,” Jessica wrote, “is because we spent everything we had in savings, pulled money from retirement, etc. ... to allow me to pay for day care so I could spend every day in the NICU.”

She continued, “I would *seriously* consider donating to someone who may die without it if it meant it helped save them and helped my situation also.”

Chip from Arizona was in a similar position. “In the past I have very seriously considered ‘donating’ an organ for compensation as my life is financially in ruins, to put it mildly.” He went on, “And to me, it makes better sense to ‘donate’ a organ than to go rob a corner gas station or [liquor](#) store for grocery money — safer too, for everyone, not to mention the ability to save/improve someone else’s life in the process!”

The messages kept coming.

“I am in good health and very interested in donating. Due to financial burdens, being compensated would be very helpful, and my organs could also benefit the receiver.”

“I was making \$ 100,000 a year, and now I am not working. ... So yes, I would sell a kidney to someone who needs it.”

A number of writers rightly pointed out the need for strict protections for the donor, including careful education, medical and emotional screening, follow-up care and an enforceable contract to ensure the promised compensation.

Organ selling as a sign of the [recession](#)? No question. But it is much more than that. Almost every writer spoke of helping someone else, of combining financial with humanitarian motives.

The desire to do well by others — for pay — is as old as humankind. Think of firefighters, police officers, doctors and teachers. Their service is no less valuable because they are paid for it.

Yet it is all too easy to romanticize altruism. The “gift of life” is indeed precious; I received it. But I am not so starry-eyed about my good fortune that I am blinded to the reality that altruism is not producing enough organs: 83,000 Americans wait for a kidney; 13 will die today while waiting.

Sadly, the transplant establishment insists that sick people languish on [dialysis](#) for years or die waiting for a kidney. They fear, on one hand, that the patient might remunerate someone for saving his life and, on the other, that any donor in financial need can’t possibly make a rational decision about his own best interest.

The solution to this lethal paternalism, as I and others have argued, is not to create a direct exchange of cash for kidneys, but for Congress to let donors accept a carefully devised and regulated government benefit — perhaps a tax credit, a contribution to a retirement plan or early access to [Medicare](#).

People like Jessica and Chip could get some help with bills. Desperate patients would be rescued from suffering and premature death. In reciprocity is salvation for both. There is

1. [Brain Power: Studying Young Minds, and How to Teach Them](#)
2. [Building a Search Engine of the Brain, Slice by Slice](#)
3. [Tool in Cystic Fibrosis Fight: A Registry](#)
4. [Deep in Health Bill, Very Specific Beneficiaries](#)
5. [Scientist at Work: Russell T. Hurlburt: Taking Mental Snapshots to Plumb Our Inner Selves](#)
6. [Democrats Face Challenge in Merging Health Bills](#)
7. [Fitness: A Device to De-Stress Your Workout](#)
8. [Recipes for Health: Stir-Fried Shiitake Mushrooms, Tofu and Asparagus](#)
9. [Recipes for Health: Fettuccine With Braised Mushrooms and Baby Broccoli](#)
10. [Consults: Ask the Expert: Celiac Disease](#)

[Go to Complete List »](#)



The 'Jersey Shore' handbook

ALSO IN T MAGAZINE »

- [Tiger Woods's other mansion](#)
- [Last-minute holiday gifts](#)

[nytimes.com](#)

MAGAZINE

ADVERTISEMENTS



Subscribe and save up to 68%.



Ads by Google

[what's this?](#)

[Plus500™ commodity trading](#)

Oil, Gold, Silver, Natural Gas, Etc Up to 1:200 Leverage, 200€ Bonus!
[www.Plus500.co.il](#)

[2009 Commodity Forecast](#)

Skyrocket Your Trading Profits With Our Commodity Forecasting & Trades
[Commodity-Forecast.com](#)

[Commodities Trading](#)

Find Providers of Commodities. Your Business Solution
[Business.com](#)
[www.business.com](#)

nothing bizarre or macabre about that.

Dr. Sally Satel is a psychiatrist and a resident scholar at the American Enterprise Institute.

A version of this article appeared in print on December 22, 2009, on page D5 of the New York edition.

[Next Article in Health \(28 of 39\) »](#)

Times Reader 2.0: Daily delivery of The Times - straight to your computer. Subscribe for just \$3.45 a week.

 SIGN IN TO E-MAIL

 PRINT

 REPRINTS

Ads by Google

[what's this?](#)

[Kidney Transplant?](#)

Stop! Keep Your Own Kidneys Complete Guide To Heal Your Kidneys www.TheKidneyDiseaseSolution.com

[Egg donors](#)

Surrogacy Website Find Your Egg Donors, Surrogate Mothers Online www.SurrogateFinder.Com

[Natural Anxiety Medicine](#)

Immediate anxiety relief with safe natural supplement. Order online. Seredyn.com

Related Searches

[* Transplants](#)

 [Get E-Mail Alerts](#)

[* Kidneys](#)

 [Get E-Mail Alerts](#)

[* Medicine and Health](#)

 [Get E-Mail Alerts](#)

INSIDE NYTIMES.COM



THEATER »



[Topsy-Turvy Christmas Foolery](#)

SCIENCE »



[Clues to Toxins in Deadly Delicacies](#)

N.Y. / REGION »



[Tenants Struggle as a Landlord Goes Bust](#)

OPINION »

Bloggingheads: Naughty or Nice?
Robert Wright and Christopher Hitchens debate religion's moral effect.

DINING & WINE »



[Reader Photos: Holiday Cookies and Recipes](#)

OPINION »



[Op-Ed: High School's Last Test](#)